

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Prudence Ndou**

Has successfully participated & completed the

**42km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 04:47:53**

**PACE 06:51/km**

**GENDER 43 of 89**

**OVERALL 280 of 440**

**40+ 11 of 29**

16 February 2019, Sat

Date



*BoutTime*

Signature

